



2.15 Perinatal Diet Questionnaire **Instruction Sheet**



PURPOSE STATEMENT:

The purpose of the Perinatal Diet Questionnaire form is to document the nutritional status of the perinatal participant (Services to Pregnant Women (SPW) participant).

TIMELINE:

Completed at the time of enrollment

STAFF RESPONSIBLE:

SPW Perinatal Home Visitor

INSTRUCTIONS:

- Complete the upper portion of the form with the participant's name, the participant's date of birth, and participant's pregnancy due date.
- Staff interviews the participant and documents the answers on the form.
- In the comments section, explain starred responses and note if the participant has been referred to the agency's Registered Dietitian (Nutrition Coordinator) or an outside agency, such as MotherToBaby CA.
- Document any referrals in the Participant File, Section 2: Health and Nutrition, and in PROMIS.